

# **The Real Reason Your Intentions Are Not Being Manifested**

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Numerous times, every day, the most prevalent question I am asked is, "What am I doing wrong? Why is what I want not being manifested?" The frustration, the confusion and the resignation are truly palpable.

And, the answer is always the same...

Because you aren't creating just what you consciously want. You are creating what you subconsciously want also. And that is the hidden curve that is throwing everyone into a tailspin.

Humans are very complex beings. You may already be aware of the difference between what you want versus what you need, but there is another distinction that is even more important. This distinction is the difference between what you are creating consciously and what you are creating subconsciously or unconsciously.

The brain is made up of two distinct parts. There is the conscious mind, which is the part of the mind that you are always aware of. It assists in short-term memory, getting you through your day-to-day living and decision-making in the now. It is very much whom most of us identify as being "who we are." This part of the brain has been reported to represent 12% of the overall mind functions.

And then there is the subconscious or unconscious mind -- the other 88% of the story. This is the part of you that has one very important responsibility, and that is to keep you alive. Bottom line, you are able to keep your heart pumping, your blood flowing and your organs working because your subconscious mind is taking care of it all for you. If we had to remember to breath, the same way we have to remember to turn off the lights, we would have a lot less people running around. The subconscious mind also has some other key functions that differentiate it from your conscious mind. The subconscious mind is also where you store your belief structures. Based on past experiences, you have created a fabulous collection of beliefs that aid the subconscious in its primary function of keeping you alive. To better grasp what each of these beliefs represent, think of your beliefs as each representing a separate part of you. You are made up of multiple parts, all with special and distinct responsibilities or intentions. Every time you display a behavior, that behavior is directly attached to a belief or part of you. Behaviors are the tools that those parts use to ensure the execution of their intentions.

This is where it gets tricky. If your conscious mind knows what it wants to manifest, but one, two or more parts of your subconscious mind have different intentions, you end up with what I call conflicting intentions. And, when you do the math, if 12% is focused on one thing and potentially 88% is focused on something else, the amount of energy available for focusing is highly in favor of the subconscious intentions. This is why it may seem you are not manifesting what you think you are focusing on.

Conflicting intentions are when one part of you wants one thing and another part of you wants something else. You can be consciously aware of these, like when you are asked to attend a really amazing event and there is horrible weather that night. Part of you may really want to go, but another part really wants to stay home where it is warm and safe. This is the easier kind of conflict to deal with because you are aware of your conflicting desires, and you can then make a decision based on the pros and cons of both options.

The other kind of conflict happens when you are only aware of part of the story. For example, when you want to go to an amazing event and you put it out into the universe that you really want to go. But when you go to buy tickets, the event is sold out. You may immediately think you did something wrong. If you created the "right" way, you would have gotten tickets. The truth is that there is something else going on inside of you that created the outcome that you got. This something else has its own intention and is far different than the one wanting to attend the event. It can be directly opposed to the first intention or have a completely different focus. For example,

you may find out, when doing inner work, that deep down you don't really believe that you should be spending so much money on entertainment. A part of you wants to guard against that feeling of horrible guilt that comes when you indulge in luxury items instead of giving that money to a charity or paying bills. This intention is very strong and has most likely been with you for a long time, which is why you may not be aware of it. You think that you are focusing on getting tickets, when in truth, there may have been a whole other focus happening behind the scenes that you were just not consciously aware of.

Knowing that we all have conflicting intentions is very important to remember. Also remember, that most people have no idea this is happening and continue to just live with the frustration and confusion. But knowing, as you do now, that there is a logical explanation, you can change what you do and how you do it and take back that power of creating.

There are many tools that are available to get at the heart of what is really going on. The most valuable tools that I found are even more effective when combined. However, there is never one path in which we all must travel to find the enlightenment we seek. This combination of tools and the process I created around them simply worked for me, and now I feel it is my responsibility to share it with others who may be on a similar path as mine.

The best tools that I have found are NLP, universal laws, the Law of Attraction, the Process of Deliberate Creation and the Nine Environments of Holistic Living (environmental design). By combining these tools and using them in a structured process, ferreting out the blocks and conflicting intentions is possible. Once you know where you are starting, are articulating what you most want in every area of your life, are identify and blasting out what is blocking you from manifesting what you most want and are doing it consistently and on a daily basis, the power of creating is yours to have for life.

No matter what tools or processes you use, armed with knowing that you have access to all the power you need, it is imperative that you find what works for you. Learn what you most need to get on track to envision and live the life you would yell about from the mountaintops. Don't stop until you have it all!

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**Melissa Jean Quiter authors the 4-phase, life and business-changing program for learning how to take back your power in creating. "*Being Spiritual Doesn't Mean Being Poor! How to remove what blocks you from making money & creating happiness*," is a timeless program based on the Law of Attraction, universal laws, deliberate creation, NLP and environmental design. To get started, visit: [www.ProvocativeCommunications.com/lawofattraction.html](http://www.ProvocativeCommunications.com/lawofattraction.html) or e-mail: [Quiter@Texas.net](mailto:Quiter@Texas.net) for more articles.**