



*How To Feel  
Abundance When It  
Is Not Here Yet*

**By**

**Beth McCain**

# **How To Feel Abundance When It Is Not Here Yet**

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Here are some tips on how to feel abundant now even though the abundance truck hasn't pulled up. That truck will arrive very soon once you begin applying these tips with the Law of Attraction.

How many times have you said to yourself, "Today is the day that all my dreams come true" and then the day passes. You see little progress in the Law of Attraction in your life.

You are intentionally watching each thought and living in the now. After a while, those feelings of the day passing and the feeling of nothing happening causes you to doubt or even worry as each day passes.

### **How Can You Break The Cycle?**

First of all remember that just because you can't see it doesn't mean that the Universe has forgotten about you. You are in a constant state of movement as you decide what you want and don't want. You are always moving forward even when you don't feel as if you are. You are always experiencing and learning in this lifetime.

Even when you are waiting you are experiencing waiting and learning that maybe it is not what you want. We are all about contrast and there is a contrast to everything. We compare people and events in our lives all the time. It is part of why we are here; to experience this world and all it has to offer.

Step out of your box. The box that says what you think is going to happen and use some tools that you have long forgotten that may be of some use to breaking through the lack of abundance.

When we're talking abundance, we mean money but also your relationship, health, career, and anything else you can think of that you would like an abundance of.

Remember when you were a child and you would imagine that there were characters in your life that didn't exist? You'd dress up the cat and pretend she was a ballerina? Or you took out your plastic army men and made a whole world that was your own?

Do you remember the feeling of play and how real it felt to you at the time? If you don't remember just watch a child play for a while and you will get the picture.

Now you want to tap into that feeling once again and live what you want in your life for a few minutes. Draw a picture, cut out pictures, make a list, or whatever will work for you of the life that you want and use your childlike wonder to feel what it is like to live the life you desire.

Every time you do this exercise sends vibrations out to the Universe of joy and accomplishment of what you want now and the more that you can get into that feeling it will become a repetitive habit of the mind and BINGO...it will be yours.

See abundance in your everyday life. See it as if it is the air you breathe. Abundance is in all things that are available to you. Use that child mind and breathe in. When you breathe in, breathe in abundance in your mind. You can do this exercise anywhere. No one will even know. Take a deep breath and feel abundance.

Next, look for abundance. You don't have to specifically look for it in the area that you want it, just find it in your everyday life; in the trees, the sky, laughter, love, even material things. See that there truly is no lack of abundance in anything. When you can see that and can realize that you deserve it and that it is for you, abundance will come to you.

What is the best way to bring abundance into your life? Be thankful for what you have already in your life. Be appreciative of where you are today as you focus on what you want tomorrow. These feelings of thankfulness will bring you more than you could ever imagine through the Law of Attraction.

#### ABOUT THE AUTHOR

Beth and Lee McCain host a popular nationally syndicated weekly radio show Radio LOA and publish the national LOA magazine, The Indicator. You are invited to visit <http://www.bethandleemccain.com/> for more Law of Attraction information and free study materials.