

How to Create a Thriving Economy by Using the Law of Attraction

By Denise Coates

A couple of my students recently made it their personal intention to help the U.S. economy to thrive once again and to be better than ever by using The Law of Attraction to imagine the economy as they wish it to be.

By using Feel It Real! techniques, they both quickly manifested positive news media stories regarding the U.S. economy within a few days of their initial intention. They have since turned this Thriving Economy Intention into a project of theirs. Every day they intend for the economy to thrive and shine better than ever before.

Feeling It Real! is a form of Law of Attraction that says we attract our reality to us by how we're focusing/feeling. If we're focusing on what we want and getting into the feeling place of having what we want, we'll attract it.

We create our entire reality, including how the economy is showing up in our lives, by the feelings and thoughts we focus on all day long. So if you believe in The Law of Attraction and you want to help create a thriving economy once again, here are six tips to help get you started.

Tip #1- Stop Watching/Listening/Reading Any Negative Economy News Stories For Thirty Days Straight: In order to get a clear vision for imagining what we do want (In this case a thriving economy), we need to take our focus off of what we don't want long enough to imagine our desire fulfilled.

If we do a bunch of visualizing and feeling like the economy is flowing with abundance and then we turn around and watch a lot of negative news stories, it's like drinking a diet soda after eating an entire pizza by ourselves. The soda isn't going to do much good.

We need to "un-stimulate" ourselves from the negative outcomes so that we have a more fertile imagination for the desires we want to manifest. You can watch and read other news stories (if you want) but when it comes to the economy, you're on a diet from all the negative stories!

Tip #2-Think of a Time in U.S. History When Our Economy Was Thriving and Flowing With Abundance. If you don't remember a time like this (because You were too young, etc.) then ask others who do remember a time like this what it was like for them to live with this kind of economy.

Think about how it felt to have such an abundant economy with so much surplus and more than enough. Really try to activate those emotions in your body of what that kind of economy felt like or would feel like had you lived at that time.

Tip #3- Vividly Imagine A Positive News Story: Using Currently Popular Newscasters Where They Announce Over And Over Again How Well The Economy is Doing/How Things Have Turned Around For the Better/etc. Do this three minutes a day for thirty days in a row.

The more vividly you imagine this scenario and the more often you do it, the more powerful an effect you will have vibrationally on the economy. Try to see the outfit that Diane Sawyer is wearing as she speaks of the 'best economy the U.S. has ever enjoyed.' See Katie Couric's excitement as she talks about the newly booming economy, etc.. Do this for three minutes a day every day for thirty days.

Tip #4- Get into the Feeling Place of Already Living in The Best Economy Imaginable: Right now, Ask yourself What Ten Emotions You Would Feel if You were Living In The Best Economy of All Time.

Many Law of Attraction teachers don't focus as much attention on the feelings you would have if your desire had manifested, but at Feel it Real we believe it's the most important aspect of manifesting our desires.

When we can vividly imagine the feelings we would have when our dreams have come true, we not only activate new chemical responses in our bodies, we also send off new vibrational signals that attract our desires to us more quickly.

The more powerful our emotional intensity, the faster we will attract our desire to us. Write down the ten emotions you would feel if the economy was booming (i.e. abundant, safe, ease, flow, security, wealthy, freedom, etc.) and then imagine things that help you to feel these feelings all day long for thirty days straight.

Tip #5- Be Grateful For What is Going Right With the Current Economy/Government/Flow of Abundance in The United States. Notice every little and big thing that makes you smile or gives you hope about our economy and government.

It's an epidemic in our country to focus constantly on what's wrong with everything. What's wrong with our bodies, what's wrong with our health, what's wrong with our mates, what's wrong with our finances, and, of course, what's wrong with our government.

This unfortunately only attracts more things not to like since the Law of Attraction says "Whatever you focus on expands." Even if there are many things about the current economy or Government that you would like to change, by dwelling on the problem, you are not a part of the solution. We need to plant our desires in the fertile ground of gratitude.

When we find something that is going well with our economy, our government, our country, we flow abundant and healing energy to the entire system. So every day for the next thirty days, write down three things you appreciate about your economy, your economic structure, your political structure or your country in general. You will notice a shift in your own frequency and moods first and then you will notice the economy reflecting your positive energy back to you.

Tip #6- Put a Positive Spin On Why The Economy Was Challenged In The First Place: So your improved attitude raises the vibration of the situation. Shakespeare once said, "Nothing is good or bad. But thinking makes it so." It's not the events of our lives that makes us happy or sad so much as our interpretation of those events.

When we can put a positive spin on a challenging situation, we immediately bring a higher vibrational frequency to the table, thus positively influencing the outcomes. There's always a gift to be found, even in negative situations. Can you find the gift in the current challenge?

Write out three possible positives that could come from this current Economic Challenge. For example, you could say, "I never really appreciated how prosperous our country was until it felt challenged. I can really appreciate the good times in a whole new way now!" etc.

Follow these six tips for the next thirty days and then notice as the shifts take place in the outer world based on your frequency. Remember, you are creating your entire reality, including how the economy looks right now in the outer world. You can recreate it in a moment! Yes, you are that powerful!

Love and Magic, Denise

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